

Ryan Wimpey's

POTTY TRAINING THAT WORKS!

FOR PUPPIES
8 WEEKS & OLDER

Simple & Proven
No Shenanigans
No Impractical Theories
No Potty Pads

FROM THE
FOUNDER OF:



TIP TOP K9
DOG TRAINING





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DOG TRAINING

Ryan Wimpey's

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FOR PUPPIES
8 WEEKS & OLDER

WORKS!

by Ryan Wimpey

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We Make House Calls

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NOTE FROM THE AUTHOR

I hope this mini book is a good resource to help you on your dog training journey!

Potty training your dog is a very important issue and one that often frustrates pet owners. There are many articles and videos available online today that are ignorant of the truth and completely wrong in their approach to potty training.

Over the years, I have had thousands of clients try to implement the faulty training ideas they obtained from Google or YouTube, only to be disappointed by a lack of results.

I wrote this book to share how we at Tip Top K9 approach potty training. Everything we do is based on proven processes that have been shown to work time and time again. At Tip Top K9, we only teach methods that are both repeatable and transferable. If a technique is not easily transferable to our clients, we don't implement it ourselves or try to train our clients in it.

Well over a decade ago I pioneered our obedience system – The Tip Top K9 Method of Dog Training – that is used in Tip Top K9 locations across the United States. I created the Tip

Top K9 Method after seeing the frustration dog owners experienced as they attempted to use traditional dog training methods that either would not work or produced mediocre results, at best.

Our method of obedience training is based on classical conditioning as opposed to the traditional training methods that rely more on operant conditioning (positive / negative reinforcement). Our system works with 97-99% of dogs, consistently producing phenomenal results with principles that can be transferred to clients in a short amount of time. Our potty training system is as tried and true as our obedience training system.

This mini book is broken down into four sections:

- Potty Training Truths (The Real Story)
- 10 Things Not to Do
- Realistic Time Frames
- The Tip Top K9 Routine Method

Now, let's get to work potty training your dog!

Ryan Wimpey

Owner, Tip Top k9



POTTY TRAINING TRUTHS: THE REAL STORY

Truth

#1

Your dog may not gain physical bladder control until they are 6–8 months old.

If your dog does not yet have physical bladder control, they don't have the ability to "hold it." They may have the desire to please you, knowing you want them to go outside; they simply are not yet physically capable.

For example, many of the miniature or toy breeds tinkle on the floor when excited. This is due to a lack of physical bladder control. Even if you are doing everything right, your dog may still have accidents while they are young. This means the pressure is on you (Mom and Dad) to make sure your dog gets outside regularly to use the restroom!

The good news is if you are building the right patterns of behavior in your dog, once that physical control kicks in, your dog will do great with their potty training. Conversely, if you wait until your dog has physical control to start trying to

potty train, you will be behind the curve and your dog will take even longer to train.

Truth

#2

Until your dog knows to only potty outside, they won't give you a signal they need to go outside.

I have had 4-month-old Labradors and 4-month-old Pit Bulls run to the backdoor and sit to signal they need to go outside. I have had 8-month-old dogs that couldn't go more than one hour without needing to go outside to potty. I have also had dogs that, at a year old, still gave no signal or only a very subtle signal that they needed to go outside to potty.

Your dog will not give you a signal to go outside until they know that outside is the ONLY place they can potty and your dog has matured physically to the point they have some degree of bladder control.

Truth

#3

There is no magic bullet. You have to train your dog to only potty outside.

A doggie door will not train your dog to potty outside. The doggie door will only work if you have created a consistent routine and your dog knows they must only potty outside.

Bells on the back door will not train your dog to potty outside. Bells only work if you have created a consistent routine and your dog knows that they are only supposed to potty outside. Consistency is absolutely King!

Potty pads don't teach your dog to potty outside. Potty pads teach your dog to potty inside – the opposite of what you want!

POTTY PADS THAT TEACH YOUR DOG TO POTTY INSIDE ARE THE OPPOSITE OF WHAT YOU WANT!

An X-Pen (exercise pen) will contain your dog and any messes they create, but it will not teach your dog to potty outside. If you don't want to crate your dog and you can't yet trust them inside, you need to teach your dog a "Place" command. A "Place" command teaches your dog to go to an elevated boundary, such as to their dog bed, and stay there until released.

Truth
#4 **Rewarding your dog for everything is popular and makes you feel good, but it is not a smart move when potty training.**

Treats hinder potty training because the presence of treats or the excited expectation that food is coming will shift the dog's focus from using the bathroom to receiving food.

Treats can also teach dogs that the more often they pee, the more food they receive. I have seen dogs that "need to pee" every 15 minutes, simply because they know doing so will earn them more treats. These dogs purposely never fully empty their bladders. Rewarding highly intelligent dogs can

backfire on you very quickly. You do not want your dog to learn to get extra treats by not fully emptying their bladder outside!

Truth

#5

Punishing your dog for pottying inside teaches your dog to hide from you and to go to the bathroom out of your eyesight.

Our Tip Top K9 Dog Training locations across the United States make house calls to assess potential client's dogs, to see if they will be a good fit for one of our training programs.

When I visit a potential client's house and am told their dog has been going into a closet to pee or poo or that they hide under the bed or behind the couch to do their business, I always ask multiple times and very directly if the dog has ever been spanked or reprimanded harshly for pottying on the floor. The potential client will nearly always admit to spanking the dog or rubbing the dog's nose in their business out of frustration or because "nothing else is working."

Punishing a dog who has no idea what you want or one who is physically incapable of obeying is unfair. Your dog is not hiding because they know pottying on the floor is wrong. They are hiding because they don't want to get spanked and they can instantly see from your body language that you are agitated. Dogs can also smell when the adrenal glands in a human are more active. It will not take long for your dog to correlate certain body language plus the smelling of an adrenal spike with an impending spanking.

Second, no dog wants their nose (which can smell roughly 40x better than ours) rubbed in fecal matter or urine.

Spanking or scolding will teach your dog to hide from you and do their business privately. This is not what you want in potty training!

Truth
#6 **Rarely does the adult dog teach the new dog where to potty, unless the adult dog is your dog's biological mother.**

The truth of the matter is, it is up to you, human Mom or Dad, to teach the dog where they need to potty and teach them that the only place to potty is outside.

POTTY TRAINING TRUTHS:

TRUTH #1 – Your dog may not gain physical bladder control until they are 6-8 months old.

TRUTH #2 – Until your dog knows to only potty outside, they won't give you a signal they need to go outside.

TRUTH #3 – There is no magic bullet. You have to train your dog to only potty outside.

TRUTH #4 – Rewarding your dog for everything is popular and makes you feel good, but it is not a smart move when potty training.

TRUTH #5 – Punishing your dog for pottying inside teaches your dog to hide from you and to go to the bathroom out of your eyesight.

TRUTH #6 – Rarely does the adult dog teach the new dog where to potty, unless the adult dog is your dog's biological mother.

What our Customers are Saying:

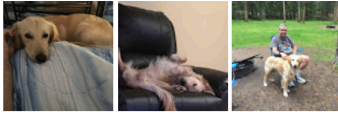


Susan Burk

3 reviews · 3 photos

★★★★★ 5 months ago

Cooper is our 18 month old golden retriever puppy. However he is not the typical golden that loves everyone. In fact, he is timid, shy and uptight around strangers. Ben has worked wonders with Cooper in just three short lessons. Ben laid the ground work down for us on how to properly train him so now we just need to follow up to reinforce what he has been taught. Yes, it is a little pricey but worth every penny especially to help your pup gain confidence and not be so fearful of every little thing. If you are on the fence if you want to do it or not, just DO IT! You and your dog will both be happier in the long run.



Leighton Anderson

Local Guide · 71 reviews

★★★★★ 2 weeks ago

The trainers are amazing! We sent one of our dogs to the bootcamp training and had one do private at-home lessons. The results were highly unexpected and well worth the money. Not only are they trained, but they have life time lessons that came with our training package. I would recommend Tip Top K9 to every dog owner.



Jacoby Gonzales

Local Guide · 22 reviews · 57 photos

★★★★★ 5 months ago

Our trainer Ben was extremely helpful in training our German Shepherd / border collie / lab puppy. We were very worried about hiring a trainer due to work schedules and convenience but having a trainer come to our house during our available hours was super easy and a no brainer. In just 3 lessons our pup Taco turned into a more obedient and improved dog!



C & J Jordan

5 reviews · 4 photos

★★★★★ 4 months ago

Positive: Quality, Responsiveness

Ben and the rest of the tip top crew are GREAT to work with!!! The training for our puppy worked great. Highly recommend using them to anyone!!



Ash West

Local Guide · 11 reviews

★★★★★ 8 months ago

Training is phenomenal! Our wild dogs came back so well mannered and with completely new and improved behaviors! Highly recommend, money well spent.



Eliza Nook

16 reviews

★★★★★ 2 years ago

You can teach an old dog new tricks! Tip Top K9 basically reprogrammed our doggie parenting skills and helped our dog find his place in the pack. At 7 years old he has never once been able to play in the front yard with the kids because he darts off. Now, he is relaxed and comfortable in the place he knows is his. Thank you for bringing sanity and fun back to our dog!



CHAPTER 2.

WHAT NOT TO DO

Dogs are smart. If you do something long enough and consistently enough, your dog will **eventually** figure out what you want. But just because something may have worked, does not mean it is a good method.

My grandpa, who is almost 90 years old, spanked his dogs with a newspaper and rubbed their noses in every accident they had inside. This is definitely not the best way to train a dog, but this was common advice throughout the 1960-1980s that did work for him and others – *eventually*.

The following list of “What Not to Do” is provided to ensure you don’t start too many bad habits, don’t confuse your dog, or ruin their attitude during the process of potty training.

Top 10 List of What Not to Do:

01 Don’t spank or rub your dog’s nose in their business.

If you see your dog starting to pee on the carpet, loudly clap your hands while saying “HOLD IT, HOLD IT, HOLD IT” or shriek in a high-pitched voice to elicit the startle reflex in your dog. Then quickly and gently get your dog outside and into the grass. I want to startle the dog so they stop peeing and will not leave a trail of pee all the way outside!

02 Don't use potty pads.

Potty pads teach your dog to potty inside. Breeders will use potty pads to teach a dog to not potty where they sleep, but potty pads shouldn't be used after a dog is seven to eight weeks old. You have to teach your dog where you want them to pee, so you may as well teach them not to do their business inside your house.

03 Don't use bells on the door.

Teaching your dog to ring a bell on the door will not train your dog to potty outside. **You** have to train your dog to only potty outside. Bells do not make the potty training process any easier and can actually complicate the process and teach your dog bad habits.

I have seen countless door frames destroyed by dogs that now weigh 80 pounds, who scratch the heck out of the door in order to ring the bell. Soon, smarter dogs learn they can call their humans on command from anywhere in the house by ringing the magic bell. When your highly intelligent dog wants attention, they now just ring the bell and BOOM their human appears! Your dog just taught YOU to come on command!! In all seriousness, this is a horrible dog training trick. Bells can work, but we do not recommend them.

04 **Don't use treats.**

Potting outside isn't for a reward; potting outside should just become a habit. Treats can really get in the way of potty training because the presence of treats or the excited expectation that food is coming can shift the dog's focus from potting to receiving food.

05 **Don't give your dog more than five to ten minutes to potty outside.**

You should not be waiting for 30-40 minutes for your dog to do their business. Your dog should not be given more than five to ten minutes to potty. This short time frame helps your dog quickly learn that you (Mom and Dad) will set the appropriate time frame for them to go potty.

By the time they are five to six months old, I normally only give my new dogs five minutes to use the bathroom. If my dog doesn't potty during that time frame, they either go to their crate for 20-30 minutes or to a doggie time out using a "Place" command. By doing this, I get dogs that pee on command as they realize I will not wait forever for them to use the bathroom.

Do a YouTube search for – "Place Command Tip Top K9" or visit us at TipTopK9.com and see what the "Place" command is all about!

06 Don't think your dog is going to tell you when they need to go outside.

Your dog is not going to tell you when they need to go outside until they are 100% conditioned to pottying outside only. In the beginning, you must tell your dog when to go outside until they build the habit of never going to the bathroom inside.

07 Don't use the popular (BUT DUMB) method of tethering the dog to you.

Some dog trainers like to talk about tethering a dog to themselves by tying the leash to their belt. Some trainers call this "umbilical training." This may sound effective, but it is a disastrously bad idea.

People often don't want to put their dog in a crate. Knowing this, I think some dog trainers tell their clients they can potty train without a crate and offer the tethering option as an alternative.

You can potty train without a crate, but it is going to take a lot longer and it will be a lot harder to achieve success. The crate works because it builds on a dog's natural den instincts. Tethering your dog to your belt so they can potty underneath your feet and attack your shoelaces will only make you crazy.

08

Don't take your dog on a walk to get them to poop.

This is a common tactic to get dogs to use the restroom, but if a long walk becomes your dog's habit, your dog will hold their number two until they get a walk. If they don't get a walk, they will eventually explode inside your home while waiting for a walk. Remember, whatever you condition your dog to do will become their norm, so don't make a habit of going on 30-minute walks to get your dog to use the restroom.

09

Don't expect your dog to use the doggie door to let themselves outside.

A doggie door will not train your dog to potty outside. YOU have to train your dog to only potty outside. The doggie door will only work IF your dog already knows they should go outside. This knowledge only comes from implementing a consistent routine.

10

Don't free feed.

Having a regular feeding schedule for your dog may not seem like it would have an effect on potty training, but as someone who has potty trained dogs for a long time, I can assure you a regular feeding schedule is a HUGE deal.

- If you don't know when your dog eats, you don't know when they need to use the bathroom.
- If you don't know when your dog will need to use the bathroom, you don't know what types of routines to set.
- If you don't know what types of routines to set, your dog won't get into a pattern.

If you free feed your dog, you will have to pay extra attention to them at all times and work harder at potty training than someone whose dog is on a feeding schedule.

WHAT NOT TO DO:

1. Don't spank or rub your dog's nose in their business.
2. Don't use potty pads.
3. Don't use bells on the door.
4. Don't use treats.
5. Don't give your dog more than 5-10 minutes to potty.
6. Don't think your dog is going to tell you when they need to go outside.
7. Don't tether your dog to you.
8. Don't take your dog on a walk to get them to poop.
9. Don't expect your dog to use the doggie door to let themselves out.
10. Don't free feed.

What our Customers are Saying:



Jaime Callen

5 reviews

★★★★★ a week ago

Positive: Professionalism, Quality, Reliability, Responsiveness, Value

This place is top notch !!! I would definitely recommend to anybody who has a stubborn nervous dog that need training. We have a miniature Aussie and he was so nervous and his confidence is finally growing. The staff is so friendly and helpful !! Thank you !!!



Marne Blair

6 reviews

★★★★★ 6 months ago

My dogs have learned so much. No longer do I dread taking them on walks only to have them bark at every dog and person. My two dogs are becoming more and more obedient and I trust them to not embarrass me. Thank you!



Devin Woolery

Local Guide · 86 reviews · 1,084 photos

★★★★★ 2 years ago

Amazing dog trainers. I couldn't believe how well behaved my dog was after just a few sessions. I highly recommend them.



Amber Warren

4 reviews

★★★★★ a year ago

We were very pleased with the entire experience at Tip Top K9! Our dog was treated well and the training was great! Everyone we talked to was very friendly too and the customer service was great. Definitely recommend them!



Kaila Webb

Local Guide · 15 reviews · 1 photo

★★★★★ 9 months ago

My dog was a complete mess until we started training with Tip Top K9. Now I can take him out in public and not worry about him bothering strangers or pulling on the leash. He walks right next to me. Thank you all so much!



Samuel Burns

Local Guide · 50 reviews · 26 photos

★★★★★ 9 months ago

We had a great experience with their boot camp program! Sadie learned so much in such a short time!



James Skinner

Local Guide · 23 reviews · 8 photos

★★★★★ a year ago

From start to finish, it's been a great experience. The first phone call was simple, and the staff was polite and helpful. The trainers have answered every question I had, and were friendly every session. My dog has made so much progress, and has picked up everything quickly. I can't recommend them enough.

Tip Top K9

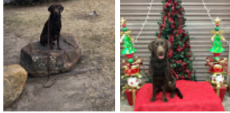


Melinda Crider

2 reviews · 2 photos

★★★★★ a year ago

We sent our sweet 18 month old Chocolate Lab to bootcamp in hopes of training her to have well manners. Before she went, she couldn't even walk on a leash, she was rowdy all the time, and didn't listen one bit with distractions. Our sweet Carly came home smelling amazing, looking beautiful, and AMAZINGLY TRAINED. I truly didn't expect to see the results I have seen in just the in take back home with our trainer and our short time having her back with us. K9 kept us informed and gave sweet pictures to keep our anxious hearts calm the whole time they had her. Our Trainer Ben who brought her home, was patient, kind, and stayed as long as it took to get all our questions answered. It was amazing to watch him love and work on our baby. Thank you, K9 for perfecting our already perfect dog!! I highly would recommend this to any person that needs their fur baby to have some manners!



Kelsey Knott

2 reviews · 2 photos

★★★★★ 3 months ago

I definitely recommend Tip Top K9! Seth is our trainer and he is the best! Very Very knowledgeable! My sweet boy is a new rescue and was a little stubborn but with this training hes perfect now and it has also helped him come out of his shell and build more confidence. Also we have a lot stronger bond now. I can't say enough good things!!!

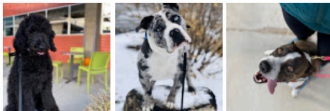


Robert Heise

Local Guide · 40 reviews · 31 photos

★★★★★ 2 years ago

The dog training provided by the Tip Top K9 Team is one of a kind you will not be disappointed! I recommend this training to any and everyone. Love it!



Anne Marshall

3 reviews · 4 photos

★★★★★ 6 months ago

Positive: Quality, Responsiveness, Value

We have a whole new well behaved dog who seems to have enjoyed learning his new manners and skills. He loves loves loves the trainers who treat him like their own dog and he is such a happier boy knowing he is doing the right things we ask of him. Amazing.



Charles Montgomery

Local Guide · 50 reviews

★★★★★ 5 months ago

Positive: Quality, Responsiveness, Value

I started 3 weeks ago. Every lesson we saw great improvement. Thank you for all your help.



REALISTIC TIME FRAMES

I have never known anybody who fully potty trained a dog under three months old. If you have a three-month-old dog who is only having a few accidents a week, you are on track to have a fully potty trained dog at four to five months of age.

Regardless of the dog's age or breed, what we look for is 21 days in a row with no accidents inside the house. This means that all potty behaviors are done outside and on the grass only.

Dogs are creatures of habit. If your dog gets used to pottying in the closet, they will continue to do so out of habit. If you make their habit to potty on grass only and you engrain that habit very strongly, the day will come when your dog will fight to get to the grass to potty. Pottying on grass is now their habit.

Whether your dog is four months old or four years old, you need to realize that producing a fully potty trained dog takes both work and time. A realistic time frame for most pet owners to completely potty train their dog is about seven to eight weeks.

Weeks 1 & 2:

Figure out how often your dog needs to go out and look for patterns.

Weeks 3 & 4:

Now that you understand your dog's patterns, work to reduce the number of accidents to only one or two a week.

Weeks 5 – 7:

Achieve your goal of 21 days in a row with no accidents.

If you really know what to look for in your dog's behavioral cues and are able to quickly set patterns, you could reduce this process to roughly four weeks. It is possible that the activities in Weeks 1 through 4 could be achieved in seven to ten days, however unless you are a potty training master (or a dog trainer) this is unlikely.

On to potty training!

What our Customers are Saying:



Mohammed Maswadeh

Local Guide · 122 reviews · 287 photos

★★★★★ a year ago

We rescued a farm dog that had zero manners. Tip Top K9 was able to get Roxy, our red heeler/Australian cattle to stop chasing cats, recall off leash, eliminate crying/barking in the kennel, place, heel on command and stop eating rabbit poop from the backyard. They are very knowledgeable and work well with both people and dogs. They definitely saved Roxy from the shelter (people who had her previously wanted her put down).



Marchel Crawford

Local Guide · 15 reviews · 2 photos

★★★★★ a year ago

This company is great! Office staff is friendly and helpful, the trainers are knowledgeable and experienced. We got great results from the Quick Fix program! Training never stops, but they give you the tool to succeed.



Carly Gwartney

3 reviews

★★★★★ 2 years ago

Worth every penny! Our labradoodle Albus has made a complete 180. We have recommended him to all our neighbors and friends. Albie is a whole new dog!



Lisa Baker

8 reviews

★★★★★ 5 months ago

I have a 1 year old Blue Lacy who had previously been with a trainer with limited success. He spent 4 weeks with Tip Top working with their trainers and he is doing so much better now! He can reliably do all the commands I need him to know and is happy and calm when following the directions. Highly recommend their boot camp training for anyone. The high level of repetitions with skilled trainers is worth every penny!

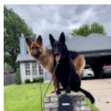


Bailey Tomlinson

2 reviews · 1 photo

★★★★★ 3 weeks ago

Ben was our trainer for private lessons and did such an AMAZING job with our 2 German Shepherds! I still can't believe how much they have changed for the better. I couldn't even go for a walk with them as they pulled too much. Now they walk right by us and there is no pulling! I would definitely recommend Tip Top K9! Thank you so much for all the help!





TIP TOP K9 ROUTINE METHOD

Professional dog trainers can seem like magicians, but the reality is that professionals are simply patient and consistent with dogs all day, every day.

There is nothing magical about our method except that it is based on what has proven to work. Our system is standardized and very consistent, and dogs thrive on consistency. Our method is also very easy to implement so we can keep whole families on the same page, ensuring everyone knows and understands what to do.

Method Overview:

- Your dog needs a crate.
- Your dog needs a consistent feeding schedule. They need to be fed exclusively in the crate so you can start to see a pattern of how soon your dog goes potty after eating.
- Your dog needs to go outside to potty on a five foot leash until they “Come” when called.

- While on a leash, take your dog to the part of the yard you want them to potty in.
- Go to the same place in the yard every time.
- Tell your dog to “Go Potty” or whatever you want your potty command to be.
- Wait five to ten minutes for your dog to do their business.
- If your dog does not do their business in the allotted time, put them in their crate or in a doggie time out using a “Place” command.
- Fifteen to twenty minutes later, leash up your dog and go back to the same part of the yard and give the same potty command.
- If they don’t do their business, return them to their crate or to doggie “Place” for another 15-20 minutes.
- Keep repeating this process until your dog uses the bathroom outside in the grass.
- If your dog still refuses to potty after multiple trips outside, increase their time frame in the crate or doggie “Place” from 15-20 minutes to 25-30 minutes.
- Once your dog goes potty, they earn freedom in the house!
- You are looking for patterns and time frames. Normal potty times are after your dog is done playing, after waking up, or after a big bowl of water has been consumed. At those times, take your dog outside and prompt them to “Go Potty” to start the process again.

Get a Crate

- Get a crate big enough for your dog to stand up and turn around in, but not so big that your dog can potty in the front and then sleep in the back.
- Take out all bedding from the crate until your dog is fully potty trained. Many dogs will pee on bedding and then push it into the corner. Another concern about bedding in the crate is that your dog may eat the bedding and it can get lodged in their stomach. We don't recommend adding bedding to a crate until the dog is through the potty training and chewing stages.

While dogs have a den instinct, this does not mean your dog will automatically like the crate if they didn't grow up being in one. But crate nervousness can quickly be overcome by following a few simple tips.

7 Days to Crate Comfort

1. Feed your dog in the crate only.
2. If your dog has never been in a crate and is very anxious, initially allow your dog to be outside the crate, but put the food bowl inside.
3. For the first two days, put the food bowl at the front of the crate.
4. On days three and four, put the food bowl in the middle of the crate.

5. On days five and six, put the food bowl at the back of the crate so your dog has to go all the way inside the crate to eat.
6. On day seven, shut the crate door and let your dog remain inside with the food for 15 minutes. Then, open the door and let your dog out.

When owners follow this protocol, most dogs learn to calm down in the crate within a few days, though some dogs take up to two weeks to truly accept the crate as a new normal.

After potty training, you may never put your dog in the crate again but at least your dog is comfortable in one and you now have the crate as tool in your dog training tool belt. You never know when you may need to use a crate again – crating your dog at a hotel when traveling out of town or crating at the vet's office or the groomers. You may find many uses for a crate in the future 12-15 years you will have with your dog!

Make a Basic Feeding and Potty Schedule

Everyone in the house needs to be on the exact same page on **why** your dog has to eat on a schedule, **when** your dog eats, **how long** they have to eat, and **where** they eat.

Why – Feeding your dog at the same time every day will help you start to see the pattern of how long after eating and drinking your dog needs to pee or poo. Regular feedings will also get your dog into the habit of using the restroom on a

more regular schedule. This will help you tremendously in potty training.

- **When** – You may feed your dog once, twice, or three times a day. How many times a day you decide to feed your dog will depend on the size, age, and activity level of your dog. At Tip Top K9, we recommend feeding on a schedule your veterinarian recommends for your particular dog. Just be sure these times are scheduled and consistent. For example, if your veterinarian says your dog needs twice a day feeding, consistently feed twice a day at 7:00 AM and 6:00 PM.
- **How Long** – At Tip Top K9, we recommend giving your dog no more than 10-15 minutes to eat their food. Realistically four to five minutes is enough for any hungry dog to eat their food, so 10-15 minutes is more than enough time.
- **Where** – Only feed your dog in their crate.

After a week of feeding like this, you will have created your dog's bathroom routine with ease and you will have a dog that poops like clockwork!

Keep in mind, an eight-week-old puppy can poop within 5-30 minutes of eating. Toy or mini breeds may process wet foods faster than dry kibble, so you may have to adjust time frames based on your individual dog's size and age. These times are a reference, not a hard and fast rule.

If your dog doesn't eat within the allotted 10-15 minutes, remove the food from the crate and do not replace it until

the next feeding time. If your dog chooses not to eat, they will have an opportunity at the next feeding time. Some dogs may object to this, but your dog will not starve.

Some dogs (those super spoiled dogs that think they are human) may revolt the first few days, knock their food over and refuse to eat. It is common for spoiled dogs to sometimes go a day or two – sometimes even three – without eating when you first introduce scheduled feeding times. You have to remember that your dog is an animal with a strong survival instinct and they will not starve themselves if you are making good food available to them. Within a few days' time, your dog will knock off the shenanigans and eat their food.

Dogs will get away with whatever they think they can. Don't underestimate their intelligence. I had a client with a \$30,000 protection-trained German Shepherd imported from Germany. That dog would purposefully starve himself because he knew if he could hold out for three days, he would get hamburger or steak mixed into his food. Stay strong and make your dog eat on a schedule!

Only Potty Your Dog on a Leash

Limit your dog's ability to go play with everything in your yard. When it is time for your dog to potty, they need to focus on one thing and one thing only – Going Potty!

Until your dog is potty trained or until they "Come" off leash when called, you **MUST** leash them up for every potty break.

This way when it is time to potty, your dog will not be distracted by a new stick in the yard; they will just do their business.

Do not use anything longer than a five-foot leash so your dog cannot go too far. Please throw away your retractable leash. While it may seem like a good idea, the retractable leash teaches your dog to pull harder to get more freedom. This makes loose leash walking harder for your dog trainer (meaning, it makes it take longer and therefore, the training is more expensive for you). Break that habit right now and throw the retractable leash away.

Take Your Dog to the Same Place and Say the Same Potty Command Every Time

When potty training, you want to set a routine in your dog to get them to potty where you want. One of the most overlooked proven tricks is to take your dog to the same place in the yard every time and give your dog the same command every time.

Let's say you go to the back right corner of the yard 12 times a day and say "Go Potty" 12 times a day and you do this for a month. Eventually, one day you will go out to the right corner of the yard and say "Go Potty" and your dog will instantly go potty!

The purpose of the command word is to condition your dog to potty when the word is heard. For instance, if you are

traveling with your dog and stop at a rest area, you want to be able to say the same word your dog is conditioned to hearing, which cues them that this is a potty spot just like the corner of the yard.

Dog Training Secret Sauce Recipe:

Structure + Consistency + Patience = Results

My mother is a great example of this “secret sauce” principle. She lives on a big one-acre lot, and she took her dog as a puppy to the back right corner of her yard every day to potty for the first few months of the dog’s life. Then, for the next 10 years, her dog Zoe went out the back door and all the way to the back of the yard to potty. If my mother had taken just one step off the porch when training Zoe, guess what? Zoe would have pooped one step off the porch for the rest of her life!

Potty training pays dividends for years to come, so don’t be lazy. Spend some time taking your dog to the exact spot in the yard where you would like them to use the bathroom.

Only Give Your Dog Five to Ten Minutes to Potty

I regularly see clients who tell me they wait outside 30-40 minutes or more for their dogs to pee. This is crazy! Their dog is training them!

You only need to give your dog five to ten minutes to potty so your dog learns using the restroom cannot take forever.

A short five to ten minute time frame also prevents your dog from learning, "Hey if I pee outside I lose the fun of being outside with Mom because we will go inside and I love hanging outside with Mom!" Some dogs actually hold their bladder to remain outside with Mom and Dad. This is not good!

Use a "Place" Command as needed!

So what do you do if your dog doesn't potty within the given five to ten minute time allowance?

If your dog doesn't potty, you must "Place" your dog on a doggie time out on a dog cot or send your dog to their crate. A "Place" command teaches your dog to go to a certain place such as a dog bed or a stool and stay there until released.

If you go to our website at www.TipTopK9.com/place, you will see some videos and photos of dogs obeying the "Place" command.

This has to be non-negotiable. If your dog doesn't potty, they have to go to their crate for 15-20 minutes or to a doggie time out spot. This may sound harsh, but if you know your dog needs to potty and they don't potty outside, you cannot let your dog run loose in your house to potty on the floor!

Freedom is Not Free!

After your dog has been in the crate or in doggie “Place” for 15-20 minutes, take your dog outside again on the leash to the same potty spot and issue the same potty command such as “Go Potty.”

Once your dog has finished their business, give some light verbal praise such as “Good girl, good potty.” Then you can take the leash off and have a praise party and run and play!

If your dog still doesn’t potty, it is back to the crate again or the “Place” spot. Keep repeating this until your dog potties on the grass!

THE RESULT: Your dog either pees outside on the grass or in the crate, but not on the flooring of your house.

Consistently repeat this process until your dog pees outside on the grass or inside the crate. Obviously, you don’t want your dog to pee in the crate as then you will have to spend 30 minutes bathing them and cleaning the crate, but if you were fair in giving your dog opportunities to potty outside, they should have had more than enough time to do their business.

Some dogs will not understand what you want and will have a lot of accidents the first week or two. This is normal, es-

pecially with younger dogs. But dogs are den animals and don't like messing where they sleep, so if you stay consistent and keep giving your dog the option to go outside, they will eventually take that option. Remember, you are looking at the long game here. You are going to have this dog for the next 12-14 years. Choose to be strict with your dog for two months so that you can give them freedom for the next 12-14 years of their life!

Repeat the Steps Until Elimination Happens Outside on the Grass

Keep repeating this process until your dog learns to eliminate outside and in the grass. If your dog refuses, requiring multiple trips before eliminating, bump up the time your dog spends in their "Place" or their crate from 15-20 minutes to 25-30 minutes. Then, if your dog is over six months old and the 25-30 minute time frame isn't working, bump the "Place" or crate times up to 30-45 minutes.

This process isn't going to win you Facebook friends, but it will get your dog potty trained faster than any other method. This proven method works because it forces your dog to be on a schedule, to potty routinely, and it teaches your dog that pottying outside equals freedom and fun!

Look for Patterns and Cues that Your Dog is About to Potty and Get Your Dog Outside!

In addition to following this routine method , look for patterns in your dog's potty time frames after activities. Normal elimination times are after your dog is done playing, after waking up, and after a big bowl of water. After those activities, take them outside and prompt them to "Go Potty."

There is no magic. Just lots and lots of routine!

METHOD OVERVIEW

1. Your dog needs a crate.
2. Your dog needs a consistent feeding schedule. They need to be fed exclusively in the crate so you can start to see a pattern of how soon your dog goes potty after eating.
3. Your dog needs to go outside to potty on a five foot leash until they "Come" when called.
4. While on a leash, take your dog to the part of the yard you want them to potty in.
5. Go to the same place in the yard every time.
6. Tell your dog to "Go Potty" or whatever you want your potty command to be.
7. Wait five to ten minutes for your dog to do their business.
8. If your dog does not do their business in the allotted time, put them in their crate or in a doggie time out using a "Place" command.
9. Fifteen to twenty minutes later, leash up your dog and go back to the same part of the yard and give the same potty command.
10. If they don't do their business, return them to their crate or to doggie "Place" for another 15-20 minutes.
11. Keep repeating this process until your dog uses the bathroom outside in the grass.

12. If your dog still refuses to potty after multiple trips outside, increase their time frame in the crate or doggie "Place" from 15-20 minutes to 25-30 minutes.
13. Once your dog goes potty, they earn freedom in the house!
14. You are looking for patterns and time frames. Normal potty times are after your dog is done playing, after waking up, or after a big bowl of water has been consumed. At those times, take your dog outside and prompt them to "Go Potty" to start the process again.

What our Customers are Saying:



Ash West

Local Guide · 11 reviews

★★★★★ 8 months ago

Training is phenomenal! Our wild dogs came back so well mannered and with completely new and improved behaviors! Highly recommend, money well spent.



Eliza Nook

16 reviews

★★★★★ 2 years ago

You can teach an old dog new tricks! Tip Top K9 basically reprogrammed our doggie parenting skills and helped our dog find his place in the pack. At 7 years old he has never once been able to play in the front yard with the kids because he darts off. Now, he is relaxed and comfortable in the place he knows is his. Thank you for bringing sanity and fun back to our dog!



Summer Saad

7 reviews

★★★★★ 9 months ago

Positive: Quality, Responsiveness, Value

We loved the training, and the trainer! Our dogs are learning so quickly and are so much more enjoyable to live with. Looking forward to continuing on this path of obedience. Thank you!!



Shantel Shaver

15 reviews

★★★★★ a year ago

Great team! They coordinate very well, and we learned a lot! I love the group classes for life. Expensive but worth the national network and good training.



Jill Ann Leigh

4 reviews

★★★★★ 11 months ago

I cant recommend Tip Top K9 enough. Kate us a different dog - much more disciplined, calm, and happy. Thank you so much!!!



Charielle Rose

Local Guide · 26 reviews · 2 photos

★★★★★ a year ago

This is an amazing place to send your dog. The price is totally worth it. My dog came back completely new and I can really work with her now



Wedell 515

9 reviews · 2 photos

★★★★★ 4 months ago

Could not be happier! Our German Shepherd was terrified of other dogs and getting aggressive. Josh was incredible in taking us through the process and helping our girl adjust. We did the month long boot camp. TOTALLY WORTH IT! She got the time and attention she needed to be the family dog we needed. Can't recommend enough. Thanks, TipTop!



Brandy Chenoweth

5 reviews · 2 photos

★★★★★ 8 months ago

Tip Top K9 was absolutely AMAZING to work with! My dog is incredibly stubborn so I knew that investing in private training was going to be the best fit for us. Josh had my dog happily coming back to him on the first lesson!! It's evident that Josh loves dogs and my dog loved him just as much. Our training with Tip Top K9 has given us the freedom to enjoy more off leash adventures and the confidence to know my dog will always be safe due to his responsiveness. Make the investment to do it right the first time!!



FINAL NOTES

This mini book was written to combat some of the ignorant misinformation on the Internet concerning potty training and to make sure you don't get frustrated with potty training your dog and want to get rid of them over an easily fixable behavior.

Everything in this book can be done by a dog owner, without professional assistance. However, you will need some patience and some consistency.

If you are struggling with the routine or having issues controlling your dog, feel free to call the Tip Top K9 main office at 833-484-7867 to schedule a \$1.00 first lesson with a trainer at one of our locations.

Frequent reasons people call our team include:

- You tried everything and nothing seems to be working.
- Your dog barks non-stop in the crate for 30 minutes and nothing will quiet them down.
- Your dog is a terrorist on the leash and bites the leash non-stop.
- Your dog will not come when called and keeps sneaking away to potty in the house.
- You don't want to use the crate that much and instead want to teach 100% stays or a "Place" command to keep track of your dog without having to use the crate.

At Tip Top K9, we are here to help you with potty training issues as well as all types of obedience, aggression, and behavioral issues. Our dog trainers undergo very intense training in our documented system that has proven successful with thousands of dogs.

Your first lesson at Tip Top K9 is always just \$1.00. At this lesson we meet with and work with your dog one-on-one to make sure our program will be a good fit for you and your dog.

Call us at 833-4-TIPTOP or **833-484-7867** to be connected with one of our professional dog trainers in your area or visit us online at **www.TipTopK9.com** for more information.



Your First Lesson is

ONLY \$1.00!



Call Us at:

833-484-7867



Visit Us Online:

www.TipTopK9.com



We Make House Calls

POTTY TRAINING MINDSET & SOLUTIONS

Potty Training can be frustrating and is often one of those make-or-break issues over which people decide whether or not to keep their new puppy.

THE BAD NEWS:

Every dog has a different biological makeup and develops physical bladder control at a different age.

Every dog has a different temperament and physically and mentally develops at a different rate.

THE GOOD NEWS:

Our method of potty training has worked effectively to train thousands of puppies and adult dogs with GREAT success. Our hope is that this mini book will be a resource to help you learn a reliable and time-tested approach to potty training.

Learn more at www.tiptopk9.com



TIP TOP K9
DOG TRAINING



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